



Prayer Focus

In December, we ask you to intercede for families, that they may be strengthened in their love and commitment to each other, inspired by the example and intercession of the Holy Family of Mary, Jesus and Joseph. We especially pray for children and young people, that their home may be a source of spiritual nourishment and faith formation.

Prayer Focus

Prayer for the Family by Pope John Paul II

Lord God, from you every family in heaven and on earth takes its name. Father, you are Love and Life.

Through your Son, Jesus Christ, born of woman, and through the Holy Spirit, fountain of divine charity, grant that every family on earth may become for each successive generation a true shrine of life and love.

Grant that your grace may guide the thoughts and actions of husbands and wives for the good of their families. May the families in the world be a sanctuary of life and love.

Grant that the young may find in the family solid support for their human dignity and for their growth in truth and love.

Grant that love, strengthened by the grace of the sacrament of marriage, may prove mightier than all the weakness and trials through which our families sometimes pass.

Through the intercession of the Holy Family of Nazareth, grant that the Church may fruitfully carry out her worldwide mission in the family and through the family.

Through Christ our Lord, who is the Way, the Truth and the Life for ever and ever.

Amen.